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CARE COORDINATION PLUS (CCO+): STRENGTHENING CARE FOR PEOPLE IN NY WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES AND MENTAL HEALTH NEEDS

Current Challenges

New York's CCOs support **130,000 individuals with intellectual and developmental disabilities** many of whom also have co-occurring mental health conditions and often struggle to get timely care.

Because behavioral health, developmental disability services, and medical care do not work together effectively, these individuals face:

- Delayed access to psychiatric care
- Over-reliance on emergency departments
- Unnecessary hospitalizations

"It's unfortunate, we shouldn't have to wait for basic needs...it's ridiculous to wait over a year to have a basic need met."
~ Kim, mom to LIFEPlan Member, Jeremy

Proposal: CCO+ Pilot Program

We urge legislators to establish a CCO+ pilot by amending the Mental Hygiene Law to allow qualified CCOs to provide:

- **Intensive, multidisciplinary team-based care management**
- **24/7 behavioral health access**
- **Enhanced Medicaid reimbursement**

This model strengthens existing CCO services and fills critical gaps for individuals with both IDD and mental health needs.

How CCO+ Works

The CCO+ model introduces:

- **Specialized psychiatric care management delivered by clinicians experienced in IDD**
- **Virtual urgent care for behavioral health needs**
- **Tele-psychiatry and tele-psychology appointments available 24/7 through a virtual care provider**
- **An enhanced per member per month rate to fund proactive mental health support**

Expected Outcome

- Fewer emergency room visits
- Reduced preventable crises and institutionalization
- Improved long-term health outcomes
- Cost savings for Medicaid and Medicare
- Smarter, data-driven Medicaid spending
- Stronger alignment with our state's mission to support vulnerable populations

Individuals with intellectual and developmental disabilities deserve better.

Their families deserve better.

It's time to invest in dignity, equity, and the future of community-based care.